



Eastern Massachusetts Chapter

Volume 14, Number 1 ★ September 2003

President's Message

Cathy Sizer, Past President EMNAPNAP

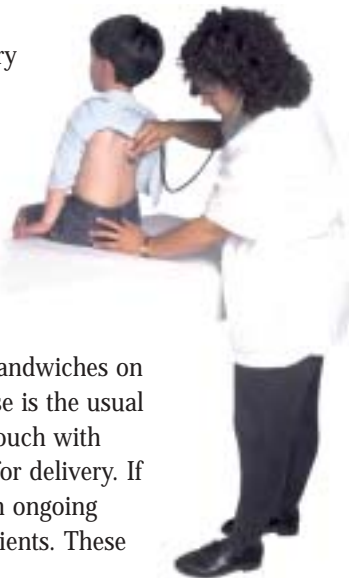
Greetings!
Linda Malone begins her term as president of our chapter after a unanimous vote this past Spring. She is unable to provide a letter herself this month, but here is a very brief bio.

Linda received her PNP from Northeastern University. At NU she also began to travel to the Dominican Republic with faculty to learn about and deliver health care in the DR. She held a dual role in the Taunton Public School system as a PNP and health care coordinator. She has worked for the Mass. School Based Health Centers at the Dept. of Public Health. Currently Linda works in a practice in Jamaica Plain.

Van volunteers needed

This year we continue our support of the Bridge over Troubled Waters van by providing volunteer services on the third Tuesday of each month from 6-9 PM. We currently are in need of some volunteers to ride the van on the 16th of September and the 21st of October. If you have never ridden on the van and are perhaps intimidated by the unknown, partnering with another NP is encouraged and possible. The van staff is very supportive and protective of the health care providers and provides a welcoming environment. The clientele range from adults seeking blood pressure monitoring, to teens with colds or allergies. No advanced medical care is provided on the van and if anyone presents with any complaint you feel uncomfortable treating in that setting, the client is referred to the clinic or hospital for services.

Another aspect of our support to this project is providing sandwiches on the nights we ride the van. Peanut butter and jelly or cheese is the usual fare, so if you want to contribute something please get in touch with Linda Malone, at lijmal@aol.com, to make arrangements for delivery. If riding the van is not possible or appealing, we also have an ongoing need for new socks and toiletries to distribute to the van clients. These can be dropped off at any of the chapter meetings.



Will we
see you
on the
van??



Check Out
Our website

<http://www.emnapnap.org>

EMNAPNAP is in the process of initiating a Listserv for use by all its members. Listserv access by members will help to increase communication among all NP members in our chapter. This will serve as a membership forum for discussion, announcements of general interest, and job information, etc. Be sure that we have your current email address on file with us if you wish to participate. More updates to follow. —Nanci Haze

National Monthly Observances

September

27-30: Family Health and Fitness Days

focus on supporting and encouraging activities within our clients' families.



October

Health Literacy Month

<http://www.counselingnotes.com/counseling%20info/awareday/october.htm>

Is the educational material you distribute to clients written for their culture and literacy level?

<http://www.hsph.harvard.edu/healthliteracy/>

<http://www.nlm.nih.gov/pubs/cbm/hliteracy.html>



Domestic Violence Awareness Month: National Council Against Domestic Violence

<http://www.ncadv.org/>

Ninety-two percent of American women rank domestic and sexual violence as one of their top concerns. One out of every three women experiences at least one physical assault by a partner during adulthood, according to a 1996 study by the American Psychological Association. The effect of witnessing violence has a devastating effect on children. "Have you ever seen any fighting in your home?" "Do you feel safe at home?"

Sudden Infant Death Syndrome Awareness Month

Back to Sleep program has resulted in significant decreases in the numbers of death from SIDS. Did you realize that infants sleeping on their backs have an even lower rate of SIDS than infants who are put to sleep on their sides? For more see:

Note:
We occasionally lend out our membership list. The board discusses each use as it comes up. Some of you may not be aware that this is done.

<http://www.idinchildren.com/200308/infants.asp>

November

National Adoption Month

<http://adoptmonth.calib.com/>

The purpose of National Adoption Month is to focus attention on the increasing numbers of children in the child welfare system waiting to be adopted."

<http://www.adoptuskids.org/servlet/>

[page?_pageid= 65&_dad= portal30&_schema= PORTAL30](http://www.adopt.org/whatwedo/)

<http://www.adopt.org/whatwedo/>

Take this opportunity to look into the unique experiences of adoptive families.

December

Safe toys and gifts month

Pass along age-appropriate advice and recall warnings as the holidays approach.



EMNAPNAP Board's central telephone number is:

781-893-5405,

press 3 to leave a voice mail message for any board member and it will be forwarded to her.

EMNAPNAP Board Members

President	Linda Malone	781-893-5405	lijmalone@aol.com
Past-President	Cathy Sizer	781-893-5405	c.sizer@att.net
Treasurer	Mary Ellen Stolecki	781-942-7369	m.stolecki@attbi.com
Secretary	Laurel Gourville	781-246-9460	laurel.gourville@hotmail.com
National President	Julie Novak	856-857-9700	info@napnap.org
Program Co-Chairs	Ellen O'Donnell		ellen.odonnell@tch.harvard.edu
	Cathy Noonan		bart@med.mit.edu
Public Relations			
Special Projects	Sally Walsh	781-862-8879	swalshcpnp@aol.com
Legislative	Amy Delaney	617-698-1450	delaneypnp@yahoo.com
Website	Nanci Haze	617-774-1720	nancihaze@yahoo.com
Newsletter	Veronica Kane	617-696-6244	kanenemmers@attbi.com
Membership	Paricia Kent	781-944-7929	pkent1@partners.org

Technology Corner

Palm Pilots are not just for tracking appointments and storing addresses any more. Palm Pilots are quickly becoming a ubiquitous accessory in clinical practice. There seems to be a ceaseless selection of downloadable reference materials. Every publisher offers compatible versions of their texts so the information is at your fingertips. The AAP Red Book, dermatology texts, pharmacology references, Harriet Lane Handbook, are examples of some of the resources currently available. The camera-enabled versions of the Palm make it simple to snap a photo of an interesting clinical presentation which can be sent via internet/email for consultation purposes or stored for later reference.

<http://www.epocrates.com> offers a free download of prescriptive information. This information is frequently updated and includes pediatric dosing, contraindications, drug interactions, and even pricing information. For a fee a more diverse version is available. These programs can be used on your desktop computer as well, but the handheld technology makes it easy to have all of your references at your fingertips, without toting heavy books or leaving the exam room to check the PDR.

At a future meeting we will discuss integrating handheld technology into your practice. Until then, if there are any questions, contact Cathy Sizer, c.sizer@att.net.

National Conference presentations . . .

now available on CD-ROM

The chapter has purchased the CD-ROMs which contain the presentations from the 2003 and 2002 NAPNAP conferences. These are available to members' use for a fee of \$10 (the set costs \$229 through www.digitellinc.com). Both conference CD-ROMs are MP3 compatible for portable listening. Here's an affordable way to benefit from the conference material without the conference expense or inconvenience. If you want to check out either of these informative resources, contact Cathy Sizer, c.sizer@att.net.

Chapter and Continuing Education Events

Sept. 9 EMNAPNAP board meeting 6:30-9PM

Sept. 16 Bridge over Troubled Water van
6-9 PM @ Park Street "T" stop; **NP needed**

Sept. 24 6:30-9 PM @ Newton-Wellesley Hospital
Presentation by Barbara Kelley, PNP, PhD

Oct. 21 Bridge over Troubled Waters van
6-9PM @ Park Street "T" stop; **NP needed**

November meeting to be announced by post card

Nov. 5-8 NPACE Conference

http://www.npace.org/boston03/conf_highlights.htm
National Advanced Practice Conference for Nurse Practitioners and Other Advanced Practice Clinicians; Sheraton Boston Hotel

Nov. 8-10 Pri-Med Conference

Hynes Convention Center

Nov. 18 Bridge over Troubled Waters van
6-9 PM @ Park Street "T" stop

Dec. 6 NPACE: one day pharmacology conference
<http://www.npace.org/confer.htm>

Dec. 16 Bridge over Troubled Waters van
6-9PM @ Park Street "T" stop

Chapter Spotlight

Ellen O'Donnell, PNP, our chapter program chair, was featured in Children's Hospital's magazine, *Dream*. The article focused on seven nurses working in different specialties and provided the opportunity for Ellen to highlight the skills, challenges and rewards she experiences in her role as PNP. Thanks for representing the chapter so well!

Internet Resources

EPSDT: More than 20% of America's children are covered by Medicaid and are eligible for EPSDT screenings. The new edition of the manual is now available through the National Health Law Program (NHeLP) www.healthlaw.org. This site contains much more information too about Medicaid system and benefits.

Pediatric Disaster Preparedness: As PNP's we have always known that children are not just small adults. This holds true when it comes to the effects and treatments for bioterrorism and disasters. Columbia University Disaster Preparedness Task Force has released its recommendations and are available at www.pediatricpreparedness.org.

*Eastern Massachusetts Chapter
NAPNAP Newsletter*

*Veronica Kane, Editor
110 Garden St
Milton, MA 02186*

FIRST CLASS MAIL

FIRST CLASS MAIL U.S. POSTAGE PAID PEMBROKE, MA PERMIT NO. 142



*See you at the Meeting
September 24, 2003 at 6:30 pm*

*Newton-Wellesley Hospital
Presentation by Barbara Kelley, PNP, PhD*